

BIOGRAPHY

Professor Julie Bernhardt

BAppSci (Physio), PhD

- Senior Principal Florey Research Fellow, The Florey Institute of Neuroscience and Mental Health, Heidelberg, Australia
- National Health and Medical Research Council (NHMRC) Senior Research Fellow
- Director, NHMRC Centre for Research Excellence (CRE) Stroke Rehabilitation and Brain Recovery
- Co-Head, Stroke Division, The Florey Institute of Neuroscience and Mental Health
- Head, AVERT Early Intervention Research Program, Stroke Division, The Florey Institute of Neuroscience and Mental Health, Austin Health.

Professor Julie Bernhardt has worked for over 30 years in the field of stroke, first as a physiotherapist, then later as a clinician researcher. Julie is a Senior Principal Research Fellow, Co-head of the Stroke Division, and Deputy Director of The Florey Institute of Neuroscience and Mental Health, Melbourne, Australia. She also directs the National Health and Medical Research Council (NHMRC) Centre of Research Excellence (CRE) Stroke Rehabilitation & Brain Recovery, a collaborative research program of eminent stroke researchers from The Florey, Hunter Medical Research Institute (Newcastle, Australia) and other leading institutes.

Julie's research is focused on development and testing of new interventions that aim to improve outcomes for people with stroke. She has been awarded 28 prizes and distinctions, including being named the 2016 winner of the Global category in the Top 100 Women of Influence Awards in Australia. Known best for being Principal Investigator for the international AVERT early rehabilitation trial that ran in 5 countries (Australia, New Zealand, Malaysia, Singapore and the UK) and included over 2000 patients, Julie loves large, complex trials. She has received >60 grants (28 as primary) totalling over \$36 million. She was recently awarded a prestigious NHMRC project grant. The results of this trial will provide the first level one evidence for the specific dose of mobilisation to improve outcome for people with stroke.

